



Starters

- Soup of the Day** simply inspired, but not always vegetarian, please ask your server 7.
- Manhattan Chowder** prawn, scallop, mussel, tomato & fennel cream, herb croutons 10. 🌱
- Crab Cakes** sweet potato, cornmeal crust, smoked tomato jam, basil aioli, pea shoot salad 15. 🌱
- Grilled Calamari** kalamata olive, caper, roasted red pepper & roast garlic relish, chili brown butter 12.

Salads

- Manhattan Greens** mixed artisan greens, grape tomato gems, cucumbers, sugar snap peas, candied pecans, pink grapefruit dressing 10.
- Manhattan Caesar** house Caesar vinaigrette, focaccia croutons, sun-dried tomatoes, pancetta 11.
- Spinach Arugula & Frisee Salad** fresh asparagus, oven-cured tomatoes, air-dried prosciutto, padano slivers, lemon, lemon thyme dressing 12.
- Manhattan Chicken Salad** marinated grilled chicken breast, artisan green salad, local dried fruit, goat cheese, heirloom tomato gems, five vinegar dressing 14.
- Tomato & Goat Cheese Salad** cucumbers, beetroot, heirloom tomatoes, goat cheese spheres, aged balsamic & pesto vinaigrette 12.
- Salad Enhancements** chicken 5. prawns 8. sockeye salmon 8.

Express Lunch
Soup & Sandwich Feature of the Day 12.

Sandwiches

All sandwiches served with choice of daily soup, salad or fries

- Bison Burger** 7 oz. house made, bacon, cambozola cheese, lettuce, tomato, pickle, red onion jam 14.
- Vegetarian Burger** grilled veggie burger, avocado, cucumber, oven-cured tomatoes, pea greens, apple wood smoked cheddar, red onion jam, brioche bun 13.
- Downtown Club** house-roasted turkey, bacon, aged cheddar, lettuce, tomato, red onion, cranberry mayo, multigrain 14.
- Steak Sandwich** char-grilled AAA flat iron steak, grilled tomatoes, caramelized onion, smoked gruyere, truffled arugula, sourdough bread 16.

Mains

- Feature of the Week** let your server describe our latest creation 15.
- Penne Pasta** chicken breast, caramelized onion, roast red peppers, wilted spinach, basil puree, extra virgin olive oil, fresh lemon 18.
- Eggplant Cannelloni** artichoke & fennel quinoa salad, white bean ragout, roast garlic tomato sauce, padano 16.
- Crab & Chorizo Mac n Cheese** rock crab, chorizo sausage, gruyere cheese, panko crusted 16. 🌱
- Pacific Ling Cod & Frites** Granville Island English Bay pale ale battered, pepper frites, coleslaw, lemon caper gin aioli 15. 🌱
- Sockeye Salmon** pan seared, roast cipollini onions, asparagus spears, green peas, hazelnut & citrus beurre blanc noisette 18. 🌱
- Lemon & Herb Crusted Albacore Tuna** artichoke, haricot vert, kalamata olives, fingerling potatoes, hard boiled egg, anchovy lemon vinaigrette, finished in truffle oil 19. 🌱
- Spencer's Thin Crust Pizza** roasted garlic gremolata, caramelized onions, sliced pear, duck salami, cambozola cheese 16.

Our Kitchen Is Your Kitchen

Should you wish an item not found on our menu, please tell your server
and we will do our best to accommodate your special request.