



Delta Classics...

Delta Canadian Classic

Two vita omega eggs your style, herbed Yukon Gold potato hash,
your choice of bacon, ham or sausage

A choice from our bakery of toast, croissant, muffin or
a toasted English muffin, & a selection of preserves

Coffee or Tea

15

☞ Alberta Steak & Eggs

AAA striploin, two vita omega eggs any style,
Portobello mushroom, grilled Roma tomato, herbed
Yukon Gold potato hash, with toast & preserves

Coffee or Tea

18

☛♥ Healthy Start

Your choice of Tropicana orange, apple or grapefruit juice

Plain or fruit-flavoured yogurt, fresh baked

low-cal muffin & seasonal fruit plate

Coffee or Tea

14

Healthy Choices...

♥ Healthy Breakfast

Special K topped with fresh seasonal berries & skim milk

Served with a fresh baked low-calorie muffin

& Tropicana orange, apple or grapefruit juice

10

☛ Swiss Muesli

Oatmeal, oat bran, coconut, apples, banana, grapes,

dates, almonds & raisins soaked in skim milk

& topped with fresh strawberries

8

♥ Heart Smart

Scrambled low-cholesterol eggs served with fresh fruit

& multi-grain toast

11

☛ Yogurt Parfait

Layers of muesli, seasonal berries & yogurt, surrounded by

fresh fruit & house made banana bread

8

From the Griddle...

Add bacon, sausage or ham 4

☛ French Toast

Texan or raisin bread with sautéed bananas, fresh berries &

Quebec maple syrup

11

☛ Buttermilk Pancakes

Three large pancakes with your choice of blueberry,
strawberry, mixed berry, chocolate or caramel topping

13

☛ Belgian Waffle

Whipped cream & choice of blueberry, strawberry,

mixed berry, chocolate or caramel topping

13.95

Buffet...

Continental Breakfast Buffet

Fresh selection of pastries, fresh & dried fruits, cereals,
oatmeal, assorted cheese, yogurt & muesli

Your choice of Tropicana orange, apple or grapefruit juice

Coffee or Tea

12.95

Compass Breakfast Buffet

Continental selection plus, scrambled eggs, Chef's daily egg
feature, bacon, sausage, potatoes & a daily griddle feature.

Your choice of Tropicana orange, apple or grapefruit juice

Coffee or Tea

17.95



Regional Cuisine



Low Calorie / Healthy Alternative



Vegetarian Cuisine

Ocean Wise



Recommended by the Vancouver Aquarium as an ocean-friendly seafood choice.

Advisory: Consuming raw or undercooked meat, poultry, seafood, shellfish and eggs may increase the risk of food borne related illness. Thorough cooking of such foods reduces this risk.



Rise 'n Shine...

Traditional Omelette

Three egg omelette with your choice of ham, mushrooms, peppers, green onions, tomatoes & cheese with herbed Yukon Gold potato hash, toast & preserves

13

Scrambled Ham & Cheese Croissant

Three omega vita eggs scrambled, Black forest ham & cheddar cheese on a baked croissant with grilled Roma tomato, herbed Yukon Gold potato hash

11

Breakfast Sandwich

Scrambled vita omega eggs on, Canadian back bacon, provolone cheese on toasted raisin bread with grilled Roma tomato & herbed Yukon Gold potato hash

11



Compass Omelette

Three egg omelette with smoked wild sockeye salmon, asparagus, goat cheese & served with seasonal fruit, Yukon Gold potato hash, toast & preserves

15

Southwestern Breakfast Wrap

Three eggs scrambled with andouille sausage, onions & Monterey Jack cheese wrapped in a soft flour tortilla shell & topped with salsa

14

Compass Breakfast Pizza

Thin crust with scrambled eggs, sautéed peppers, mushrooms, vine ripe tomatoes, sausage, bacon & topped with aged Canadian cheddar

14

Eggs Benedict...

Traditional Benedict

Toasted English muffin, two poached vita omega eggs, Canadian back bacon with hollandaise sauce, herbed Yukon Gold potato hash & seasonal fruit

16

Ranchmen's Benedict

Alberta beef tenderloin, herbed Yukon Gold potato hash, two poached vita omega eggs with tarragon hollandaise sauce & seasonal fruit

17



House Cured Salmon Benedict

Wild sockeye salmon cured & served on a toasted English muffin, two poached vita omega eggs, dill hollandaise sauce, herbed Yukon Gold potato hash & seasonal fruit

17

Sides...

Herbed Yukon Gold potato hash	4
Smoked bacon strips	4
Country style breakfast ham	4

Canadian back bacon	4
Grilled pork sausage	4

Beverages...

Coffee or decaffeinated coffee	3
Herbal tea	3
Hot chocolate	3
Espresso, Cappuccino, Latté or Americano	4.25
Tropicana juice	3.75
Orange, apple or grapefruit	
Assorted juice	3
V8, tomato or Cranberry	
Milk	2.75
Skim, 1%, 2% or chocolate	
Perrier water (330ml)	3
Pellegrino or Acqua Panna Water(500 ml)	3.75
Pellegrino water (750ml)	6
Acqua Panna Water (1l)	7

Additional Items...

Toasted bread	3
White, whole wheat, multi-grain, raisin or rye	
Toasted English muffin	3
Assorted muffins	2.50
Croissant or Danish pastry	3
Plain bagel	3
Bagel with cream cheese	4.50
with smoked salmon	11
Seasonal berries	8.50
Sliced banana	4
All-natural yogurt	3.50
Fresh fruit plate	7.50
Fresh orange & grapefruit segments	8.50
with cottage cheese	
Cold cereal - assorted	4
Hot cereal - oatmeal or cream of wheat	4.50

"Our Kitchen is Your Kitchen"

Please let our service team know of any special requests & we will do our best to accommodate them

Taxes & Gratuities are not included